



RYAN INTERNATIONAL ACADEMY  
Sarjapur, Bangalore

**Date:** 9<sup>th</sup> July, 2022

**RIAS/Circular No. 011**

**Subject-** Parent Orientation for Post School Sports

Dear Parents,

Greeting of the day!

Playing a sport is a great way for children to remain fit and release their pent-up energy. It also helps them lead fuller and happier lives. Regular sports and fitness activities have proven to provide not only physical benefits but also social and psychological benefits. Besides the regular sports classes during school hours we are initiating an after school coaching programme for children who are keen to pursue a Sport.

To familiarize the parents about the pre/post school sports program, an Orientation program has been scheduled on **16<sup>th</sup> July, Saturday**.

All queries and concerns regarding the Post School Sports options/coaches /timings and other details would be addressed in the Orientation session.

**Please Note the details for the Orientation:**

Event	Timings
Yoga session by an expert	8:00 am to 8:45 am
Breakfast Break	8:45 am to 9:30 am
Parent orientation led by Mr.Ajit Wijetilekk	9:30 am to 10:15 am

**Venue:**

**Yoga – Futsal Ground (Ryan International Academy – Sarjapur Campus)**

**Orientation session- School Campus**

Kindly fill up the form in the link below to express your interest in the Post School activities.

<https://docs.google.com/forms/d/1pJT3MJCreN0F7zfY4YhJDBHgWySHGEaloplATLifgOg/edit>

**Note: Parents interested in attending the Yoga sessions kindly carry a yoga mat.**

**Thanks & Regards,  
Team RIA Sarjapur**